*Domiciliary care (6,600 – 71%)*

*Elderly Care (2,900 – 62%)*

**ELDERLY CARE**

As we enter the twilight years of life, our bodies may no longer work in the way they once did. It may take a little longer to complete day to day tasks and some of the interests you once enjoyed may seem more difficult. You may find that as time goes by you need a little extra help with things like preparing meals, light housework, bathing and getting in and out of bed, or maybe additional support when out and about and accessing shops, libraries or community groups. This is perfectly normal.

HFHC Healthcare can be there to help you to remain independent, keep active and continue to enjoy your hobbies and pastimes, maybe even discovering new interests, living life to the full. There is no reason you should stop doing the things you enjoy when you are finding them getting a little difficult, a little help and support may be all that you need.

We know that remaining in the comfort of your own home is important to you as you get older, and it is important to us too. Elderly care in your home, sometimes called domiciliary care, is now a realistic alternative to care and nursing homes and one that is the preferred option of many older people and their family.

Whether you need a little extra help around the home to undertake day to day tasks, support when outside of the home, more specific nursing support, or a combination of all three, our highly skilled carers can create the right level of care and support for your requirements.

We will take the time to get to know you and your family and match you with a carer who is specifically trained for your needs and fits seamlessly into your lifestyle. And, as your needs change, so will we. We can also provide care and support for additional health needs, such as following a stroke, after a hospital discharge, following an accident, or if you are suffering from dementia or any other health condition.

Our carers will get to know you. They will not only want to know about your care plan, but also the small things that are important to you, like how you like your tea, which newspaper you prefer and the names of your pets. They will quickly become part of your life, and rather than being ‘just a carer’, they will become a trusted companion - someone to help with your daily crossword puzzle and to discuss important topics of the day with you. Our carers will always treat you with the utmost respect and dignity and feel privileged that you have allowed them into your home.

For your peace of mind, we are fully regulated by the CQC and directly employ all of our staff following a rigorous values-based recruitment process. This ensures the high quality of the carers that we employ and which you welcome into your home.

**What is Elderly Care?**

Elderly Care is also known as domiciliary care. It is the support provided to people in their own home to help them remain independent. It can typically include:

* Support getting in and out of bed
* Continence care
* Support with personal care such as washing and bathing
* Support with light house work
* Support accessing community activities
* Support with shopping
* Administering medication
* Companionship
* Running errands
* Support accessing GPs or other healthcare providers
* Providing advice

**Why choose Elderly Care?**

Elderly, or domiciliary care, takes away the stress that can be associated with maintaining an active lifestyle in later years. You will have someone on hand who can help you to remember important dates and appointments, remind you to take medication and to offer practical as well as emotional support when needed.

Elderly Care also takes the pressure off family members who previously may have provided this care and support, making a positive impact on the relationship that you have. Having this external support system means that you can concentrate on enjoying an active, independent and fulfilling life and can enjoy spending quality time with family and friends.

Elderly Care in your home can also provide you with stability and security, it allows you to spend more time with family and friends, to keep your own belongings, to be in control of your daily routine and even allows you to keep your pets.

The level of care and support provided will be tailored to your needs and can be anything from a few hours a week to 24-hour care, depending on your requirements. If your needs change, whether temporarily or longer term, so will the care and support provided, ensuring you are always fully supported.

**How is Elderly Care funded?**

Funding for Elderly Care can be applied for from your Local Authority. Even if your Local Authority pays for your care, you can still choose how this care will be provided and who will provide it. You can find out more about Local Authority funding in the Funding section of our website. (NEEDS TO BE A LINK HERE)